## Treatment of recurrent high-grade gliomas with GliaSite brachytherapy: a prospective mono-institutional Italian experience

Carlo Gobitti<sup>1</sup>, Eugenio Borsatti<sup>2</sup>, Mauro Arcicasa<sup>1</sup>, Mario Roncadin<sup>1</sup>, Giovanni Franchin<sup>1</sup>, Emilio Minatel<sup>1</sup>, Miran Skrap<sup>3</sup>, Bruno Zanotti<sup>3</sup>, Francesco Tuniz<sup>3</sup>, Marino Cimitan<sup>2</sup>, Elvira Capra<sup>4</sup>, Annalisa Drigo<sup>4</sup>, and Mauro G Trovò<sup>1</sup>

<sup>1</sup>Radiation Oncology, <sup>2</sup>Nuclear Medicine, and <sup>4</sup>Medical Physics Divisions, Centro di Riferimento Oncologico, National Cancer Institute, Aviano; <sup>3</sup>Neurosurgery Department, University Hospital, Udine, Italy

## ABSTRACT

Aims and background. The present study evaluated toxicity, local control, and survival in patients with relapsed high-grade glioma after surgery and external beam radiation therapy and treated with re-operation and GliaSite brachytherapy.

**Methods.** Between 2006 and 2008, 15 patients with recurrent high-grade glioma underwent re-operation and GliaSite brachytherapy. Ten patients were males and 5 females. Median age was 40 years (range, 20-71). Karnofsky performance status was  $\geq$ 70. All patients but one received GliaSite irradiation of the surgical cavity wall at the dose of 4500 cGy at a depth of 1 cm.

**Results.** No severe acute side effects were observed during GliaSite brachytherapy. Pathologically documented, symptomatic late radiation necrosis was observed in 3 patients (20%); 2 subsequently died of further complications. Two patients were alive at a median follow-up 13 months (range, 1-30). Median overall survival after GliaSite brachytherapy was 13 months.

**Conclusions.** Patients with recurrent high-grade glioma can be treated with additional surgery and GliaSite brachytherapy, delivering 4500 cGy at 1 cm depth without significant acute side effects but with a significant rate (20%) of late radiation necrosis, resulting in 13% of treatment-related deaths. Compared with the literature, survival results in our study appear to be satisfactory, but they may be related to patient selection criteria. Re-intervention followed by GliaSite brachytherapy should not be offered as a standard treatment for recurrent high-grade glioma, because of the high rate of late complications, treatment-related deaths, and high treatment costs.

*Key words:* brachytherapy, GliaSite, high-grade glioma, local recurrence.

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Correspondence to: Carlo Gobitti, MD, Radiation Oncology Dept., Centro di Riferimento Oncologico (CRO), Via F. Gallini 2, 33081 Aviano, Italy. Tel +39-0434-659-523; fax +39-0434-659-524; e-mail cgobitti@cro.it

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